

# Restraint Reduction Network November 2015

## *Introducing Long-Term Segregation*

Jonathon Lynch

Sussex Partnership   
NHS Foundation Trust

# Background

- History
- Guidance
- Definition (DoH Code of Practice MHA, 2015)

Long-term segregation refers to a situation where, in order to reduce a sustained risk of harm posed by the patient to others, which is a constant feature of their presentation, a multi-disciplinary review and a representative from the responsible commissioning authority determines that a patient should not be allowed to mix freely with other patients on the ward or unit on a long-term basis.

- Practice *cf.* policy and re:*The Code of Practice 2008*

# Thinking about restrictive practice

- The guiding principle of the 'least restrictive option'

What do you think?

# What do you think?

- Team-restraint?



# What do you think?

- Use of handcuffs?



# What do you think?

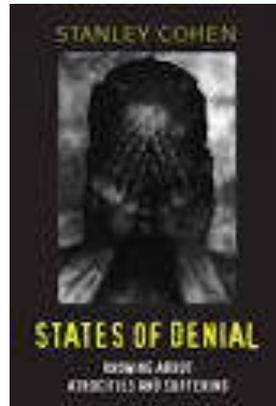


# What do 'outsiders' think?

- Terms such as 'management of aggression' are not only misleading but disingenuous (Bartlett & Sandland, 2003: 392)
- Black patients are rendered an under-class (Institute of Race Relations 1991:1)
- [secure hospital] staff brutalize and torture persons in their protective custody (Box 1989:12)

# Our culture(s)?

- A culture of denial? (see Cohen 1993, 2001)
- It doesn't happen here
- If it does, 'it' is something else
- Even if it is what you say it is, it is justified



# Local reactions to guidance

- Views on a new policy
- The politics of policy?
- Introducing Long-Term Segregation

# What's in a name?

- 'Segregation' in prisons
- 'Segregation' in divided societies

# What we did

- Limited consultation
- Agreed services and locations at which LTS would be permissible
- Agreed criteria for LTS
- Agreed the forms LTS could take:
  - 1) An identified area eg. bedroom plus set other
  - 2) A seclusion 'suite' with seclusion door open
  - 3) A seclusion room with door locked

# What else?

- Workshops
- Written summaries
- Acknowledgment of early review plan

# Paperwork

- New forms
- Forms were mainly but not entirely as per Code of Practice
- Involvement of a representative from the responsible commissioning authority
- Involvement of independent reviewers

# Feedback to date

- Staff
- Patients
- Others