

# 2015 Restraint Reduction Network™ Conference

Reducing Restraint Through Policy and Practice

Hosted by  
 cpi



restraint reduction  
network 

## The second Restraint Reduction Network™ conference,

hosted by CPI, brings together service providers, commissioners, regulators and campaign bodies. It will address the issues faced across health, social care and education organisations as they work to provide a person-centred service that improves the quality of life of those in their care. The conference aims to answer some of the questions still being raised by the government's two-year 'Positive and Proactive Care' programme and looks to set an agenda for change that all organisations can follow. The content is relevant to anyone working in the education, health or social care sector who wishes to share good practice.

## Keynote speakers already confirmed include:

- Alison Holt. BBC Social Affairs Correspondent.
- Professor Joy Duxbury. Professor in Mental Health Nursing at the University of Central Lancashire.
- Kevin Ann Huckshorn. Former Director of State for the Division of Substance Abuse and Mental Health in the State of Delaware.
- Fintan Sheerin. Lecturer in Intellectual Disability Nursing at Trinity College, Dublin.
- Roger Almvik. Research Director at St Olav's University Hospital/ Norwegian University of Science and Technology.

**Conference Aston,  
Birmingham**

**Training programmes  
9 - 11 November**

**Conference  
12 - 13 November**



# Conference Speakers



**Alison Holt. Social Affairs Correspondent, BBC**

Alison is an award winning correspondent for the BBC's main national TV and radio news programmes, including the flagship current affairs programme, Panorama. Awarded the Royal Television Society Specialist journalist of the year in 2015, her specialist areas include child protection, social care, the welfare system and mental health and she has covered many major stories for the BBC at home and abroad.



**Joy Duxbury. Professor in Mental Health Nursing at the University of Central Lancashire**

Professor Duxbury leads the Centre for Mental Health and Wellbeing and her research focus includes anti-coercive practices and service user engagement. She has published extensively on matters related to the prevention of aggression and minimisation of practices such as restraint in health and social care settings.



**Kevin Ann Huckshorn. Former Director of State for the Division of Substance Abuse and Mental Health in the State of Delaware**

Kevin led the development of an evidence-based model to prevent violence and the use of seclusion and restraint. She has published on topics including violence, treatment adherence and workforce development and co-authored a book with William Anthony, PhD, titled *Principled Leadership in Mental Health Systems and Programs*.



**Hazel Watson. Head of Mental Health and Learning Disability Nursing at NHS England**

Hazel is responsible for promoting best nursing practice and providing clinical expertise to support the quality improvement of mental health and learning disability services. She is closely involved with the Parity of Esteem Programme and leads the nursing directorate response to Transforming Care to meet the Winterbourne View commitments.



**Michael Nunno. Senior Extension Associate at the Brofenbrenner Center for Translational Research at Cornell University, Ithaca, New York**

Dr Nunno has examined toxic elements of care that increase the potential for maltreatment in foster homes and group care. He serves as an expert in civil litigation cases throughout the United States where children have died or have been seriously injured while in care.



**Paul Greenwood. Improvement Advisor/Project Manager at Advancing Quality Alliance (AQuA)**

Paul has worked in health and social care for 27 years as a Registered Mental Nurse and spent the last 10 working on regional programmes implementing the Mental Health Act, the Mental Capacity Act and Deprivation of Liberty Safeguards, and New Ways of Working. Currently his work covers the Armed Forces and mental health, Parity of Esteem and the restraint reduction programme covering the North West.



**Roger Almvik. Research Director at St Olav's University Hospital/Norwegian University of Science and Technology**

Dr Almvik has a background as a Mental Health Nurse with research interests in risk assessments related to clinical psychiatry. He is a board member and former Chair of the European Violence in Clinical Psychiatry Research Group and Board Director for the International Association of Forensic Mental Health Services as well as Chair of the Norwegian Network for Forensic Research and Education.



# Schedule of Events

## Conference Schedule

Thursday 12 November		Friday 13 November	
8:30 - 9:00	Arrival and Registration	9:00 - 10:30	Chair's Opening Address and Keynote Speeches
9:00 - 10:30	Chair's Opening Address and Keynote Speeches	10:30 - 11:00	Break and Networking
10:30 - 11:00	Break and Networking	11:00 - 1:00	Participant Workshops
11:00 - 1:00	Participant Workshops	1:00 - 2:00	Lunch and Networking
1:00 - 2:00	Lunch and Networking	2:00 - 2:45	Keynote Speeches including Q&A with selected members of the Restraint Reduction Network™ Steering Group
2:00 - 2:45	Keynote Speakers	2:45 - 3:00	Summary and Conference Close
2:45 - 3:00	Break and Networking		
3:00 - 4:30	Participant Workshops		
4:30	Closing Address - Day One Closes		
7:00 - Late	Dinner & Entertainment (including presentation of awards to Meritorious CPI Certified Instructors)	The exact timeline and individual timeslots will be confirmed nearer the time, and attendees will have a range of workshops to choose from in each workshop session. A separate communication will be distributed closer to the conference to allow you to make your selection. Please note that numbers for each workshop are limited.	

## Confirmed workshops to date include:

- **Stephen Davidson. Restraint Reduction Lead, Tees, Esk and Wear Valleys NHS Trust.** *Developing and implementing a restraint reduction plan.* Sharing experiences and cultural and organisational changes made within a Trust that had previously been nationally reported as a high user of restraint.
- **James Ridley. Senior Lecturer, Edge Hill University.** *The future of restrictive practices for people with learning disabilities and dementia.* Examining the implications related to the use of restrictive practices with this under-reported group.
- **Kym Shorthouse. Lead Training Advisor in Physical Interventions, Plymouth Community Healthcare.** *Implementing Department of Health guidance.* How implementing a reduction in restrictive practice has impacted the training delivered to staff working on high-risk mental health wards.
- **David Aspley Thompson. Executive Director, Pathway Prospects.** *The Leaving Care sector for young people and vulnerable adults.* Exploring the importance of educating staff to better meet the complex needs of the 'Leaving Care' sector and how reflective practice should be used to deliver an outcome-focused and person-centred support package without the use of restraints.
- **Becs Gratton, Managing Director of Specialist Adult Services & Sue Hatton, Autism Advisor, Embrace.** *The importance of being autism intelligent.* Showing how equipping staff to 'Think Autism' and being person-centred has taken on a new meaning and resulted in the use of restraints being reduced for the people in Embrace's adult specialist services.
- **Steve Garvey. Patient Handling Trainer, Worcestershire NHS Trust.** *Ensuring harmony, not harm.* Exploring the High Impact Actions campaign and how the MAPA® Ambassadors initiative has looked to reduce the use of restraint, while keeping patients safe.
- **Roy Deveau. Honorary Research Associate, Tizard Centre, University of Kent.** *Practice leadership and reducing restrictive practices.* Examining the implementation of Department of Health policy in organisational context, frontline-practice leadership and getting results for both service users and staff.
- **Isabelle Latham. Senior Lecturer, Association for Dementia Studies, University of Worcester.** *Creating positive organisational cultures.* Referring to the latest research within dementia care, the workshop will examine the influence of organisational culture and the implementation of person-centred care on the care experiences of those living with advanced dementia and complex needs.

Please note that this is a complex itinerary and subject to change.

Visit [crisisprevention.com/RRConf](https://crisisprevention.com/RRConf) for more information.

## 1 - Your Details

Name: \_\_\_\_\_ Certified Instructor ID (if applicable): \_\_\_\_\_

Name as you would like it on conference badge: \_\_\_\_\_

Organisation: \_\_\_\_\_ Job Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ County: \_\_\_\_\_ Postcode: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Billing Address (if different to above): \_\_\_\_\_

## 2 - Conference Options

A series of pre-conference CPI training programmes has been scheduled prior to the conference on the 9, 10 and 11 November at the conference centre.

- *Dementia Capable Care: Behaviours Instructor Certification Programme*. Shifting participant thinking to focus on an individual's remaining abilities, providing appropriate communication and behaviour management strategies.
- *CH-3<sup>SM</sup> Holding Skills for Essential Care and Treatment Renewal for MAPA<sup>®</sup> (Management of Actual or Potential Aggression) Foundation Instructors*. This training introduces a decision-making framework for considering levels of risk, and presents three holding options. These safe interventions can also be applied to emergency and surgical settings in which an individual may temporarily lack capacity due to a prevailing medical condition.
- *CH-3<sup>SM</sup> Holding Skills for Essential Care and Treatment Renewal (2-day option)*.
- *MAPA<sup>®</sup> Advanced Physical Skills Instructor Certification Programme*. Builds on the Foundation programme and is suitable for organisations who work with individuals whose behaviour may be more unpredictable and higher risk. Only available to those who have previously completed a MAPA<sup>®</sup> Foundation-level programme.

Registration Type	Early Bird (before 31 Aug)	Standard (from 1 Sept)	Amount Due
<b>Pre-conference events running 9 - 11 November</b>			
<i>Dementia Capable Care: Behaviours Instructor Certification Programme</i>	£650 / €725	£750 / €825	
<i>CH-3<sup>SM</sup> Holding Skills for Essential Care and Treatment Renewal for MAPA<sup>®</sup> Foundation Instructors</i>	£500 / €550	£550 / €670	
<i>CH-3<sup>SM</sup> Holding Skills for Essential Care and Treatment Renewal (2-day option)</i>	n/a	£310 / €420	
<i>MAPA<sup>®</sup> Advanced Physical Skills Instructor Certification Programme</i>	£700 / €800	£800 / €900	
<b>Conference running 12 &amp; 13 November</b>			
Conference	£199 / €230	£250 / €290	
Conference Dinner	£25 / €30	£25 / €30	
		<b>Sub total</b>	
		<b>VAT based on 20%*</b>	
		<b>Total Amount Due</b>	

**\*Note on VAT.** If you are attending from Ireland **VAT is payable on the pre-conferences courses only**. There is no VAT payable on the conference or conference dinner.

## 3 - Payment Method

Purchase Order Number: \_\_\_\_\_  Cheque Enclosed: Cheque# \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Note:** If paying by credit card, charge may vary due to exchange rates (non-UK only).

## 4 - Register Now

**Online:** enquiries@crisisprevention.com

**Call:** +44(0) 161 929 9777

**Mail:** Send completed form to: CPI, 15-17 Britannia Road, Sale, Manchester M33 2AA