



Working together to reduce restrictive practices



The Venue
Royal College of Psychiatrists
21 Prescot Street
Whitechapel
London E1 8BB
Tel: 020 7235 2351

RRN
CONFERENCE 2019

TUESDAY 5 FEBRUARY
2019

**Restraint
Reduction
Network
CONFERENCE**

Royal College of Psychiatrists, London

BILD and Restraint Reduction Network, in partnership
with the Royal College of Psychiatrists



DAY PROGRAMME

2019 CONFERENCE Restraint Reduction Network

£195.00 members
£245.00 non-members
£60.00 discounted
(people with learning disabilities, families and carers)

0121 415 6960

conferences@bild.org.uk

BOOK YOUR PLACE

www.restraintreductionnetwork.org

BILD and Restraint Reduction Network, in partnership with the Royal College of Psychiatrists, are delighted to create this one-day conference, which will take place on 5 February in London.

Our keynote speakers include Tim Kendall, NHS England's National Clinical Director for Mental Health and the conference will also mark the publication of the new Restraint Reduction Network Training Standards.

The Restraint Reduction Network is a community of practice which brings together committed organisations, practitioners and researchers who have a common aim.

The network has an ambitious vision to deliver restraint-free care and support and make a real difference in the lives of people who rely on others for care and support.

The network supports good practice sharing and collaborative working, this conference is CPD certified and is an opportunity to work with expert practitioners and contribute to the ongoing debate. The content is relevant to anyone working in the education, health or social care sector who wishes to share good practice.

- 9.15** **Coffee and registration**

- 9.45** **Welcome and introduction**
Ray Walker, NHS England

- 10.00** **Therapy versus restraint: how can we get the balance right?**
Prof Tim Kendall, MH National Clinical Director for NHS England and NHS Improvement

- 10.30** **CQC's role in restraint reduction**
Dr Paul Lelliott, Deputy Chief Inspector of Hospitals, CQC

- 11.00** **RRN Training Standards and Seni's Law**
Prof Joy Duxbury, Uni of Central Lancashire

- 11.30** **Refreshments**

- 12.00** **Using quality improvement to reduce restrictive practice**
Tom Ayres, Royal College of Psychiatrists and Amar Shah, East London NHS Foundation Trust

- 12.30** **Working with parents - their stories**
Beth Morrison, Positive and Active Behaviour Support Scotland

- 1.00** **Lunch**

- Workshops (Choose 1 from 5)**
- 1.45** **1. Being human together**
Iris Benson, Merseycare NHS Trust and Nick Horne, Cygnet Healthcare
- 2. Debriefing**
Brodie Paterson, CALM Training Ltd
- 3. Trauma Informed Care**
Prof Nigel Beal, SWYNHS
- 4. Data Collection**
Verity Chester, Priory Group
- 5. Raising training standards: engaging with the new certification process**
Sarah Leitch, BILD Development Manager and Lee Hollins, RRN Certification Lead Assessor

- 2.45** **Refreshments**

- 3.00** **NHSi Ward Team Workshops**

- 4.00** **Close**