

## The Restraint Reduction Network Conference Leadership Awards 2019

The Restraint Reduction Leadership Awards recognise excellent practice and contribution to the evidence base of restraint reduction, both in the UK and internationally.

### **The 2019 Leadership Awards – excellent practice deserves national recognition**

This year we would like to recognise outstanding contributions in the field of restraint reduction. If you know someone who has developed innovative practice that has directly improved the quality of life for the people they support or made significant changes to practice, you could nominate them or encourage them to nominate themselves. This could be an individual nomination or a nomination for a team.

Leadership nominations can be self-nominations or third party. The deadline for nominations for the 2019 Awards is **23 September, 2019**.

#### **Award categories**

We are inviting nominations in four categories:

- **Highly innovative practice in restraint reduction – education setting**
- **Highly innovative practice in restraint reduction – social care setting**
- **Highly innovative practice in restraint reduction - health setting**
- **Outstanding individual contribution to restraint reduction**

We would like to hear how the nominees have inspired others to support successful reduction of restraint or other restrictive practices through innovative and creative methods. This could have resulted in a significant reduction for an individual person or reduction at a school, service or organisational level.

We would also like to hear about any barriers they came across and how they worked around them. Please provide supporting evidence of the reduction, the impact it has made and indicate any underpinning theories the intervention was based on. Please also indicate which type of setting the innovative practice has taken place in.

## Submissions

Submissions can be accepted from individuals or teams of people who can demonstrate exceptional practice that has been evaluated and had a positive impact in improving the quality of life for adults, children and young people.

The submission should include:

- A lead contact name
- Title of the submission and category
- The setting in which the innovative practice has taken place
- The full names of all nominees and job titles
- Organisational details
- Email, telephone, and postal address contact details

The nomination should be no more than 500 words and should clearly describe the supporting evidence for the nomination. All submissions must be sent by email to: [I.howells@bild.org.uk](mailto:I.howells@bild.org.uk) and they must be received by **23 September 2019**.

## Notification and awarding

The successful shortlisted nominees will be informed via email by **week beginning 30 September, 2019**. The award will be made at the Restraint Reduction Network Conference dinner.

## Rules

Applications are welcome from individuals working within organisations based within the UK and Ireland.

All shortlisted nominees will be expected to register at the conference and present a poster during the poster session on **12 November 2019**.

All shortlisted nominees will be entitled to a free conference dinner for up to two people, fees for conference registration will need to be covered by the nominee or their organisation or sponsor.

The decision of the awards committee will be final. Awards will not be presented in a category if there is not sufficient evidence for any of the entries.