

# HOPE(S)

## Clinical model of care to reduce long term segregation

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# Welcome to Mersey Care

**1 OF 3**

providers of high secure services



**4**

FOR OUR LOCAL SERVICES

**LOCAL AUTHORITIES**

- LIVERPOOL
- SEFTON
- KNOWSLEY
- ST HELENS



**£370M**  
TURNOVER

up from £250m  
pre LCH acquisition

NEARLY  
**8K**  
STAFF...

growth  
from 5,000  
in 2016



**ONE OF ONLY FIVE** NHS  
INPATIENT ADDICTIONS  
SERVICES IN THE COUNTRY

Serve a population of

**11**

**MILLION**

in North West  
England and beyond

**780**  
BEDS

across nine  
hospital sites

**3,500+**

social prescriptions  
since January 2017

Largest provider of **learning disability** forensic secure care

OVER  
**51,000**  
LIFE ROOMS  
VISITORS

**BIGGEST**  
**IAPT**  
**SERVICE**  
**IN THE NHS**

## Aims of the Session

- Impact of Long-Term Segregation
- Service user story
- Short Exercise
- Progress Interfering Domains and BCC
- Progress Enhancing Strategies
- HOPE(S) Clinical Model of Care
- Short Exercise - Case Study

# Long term segregation

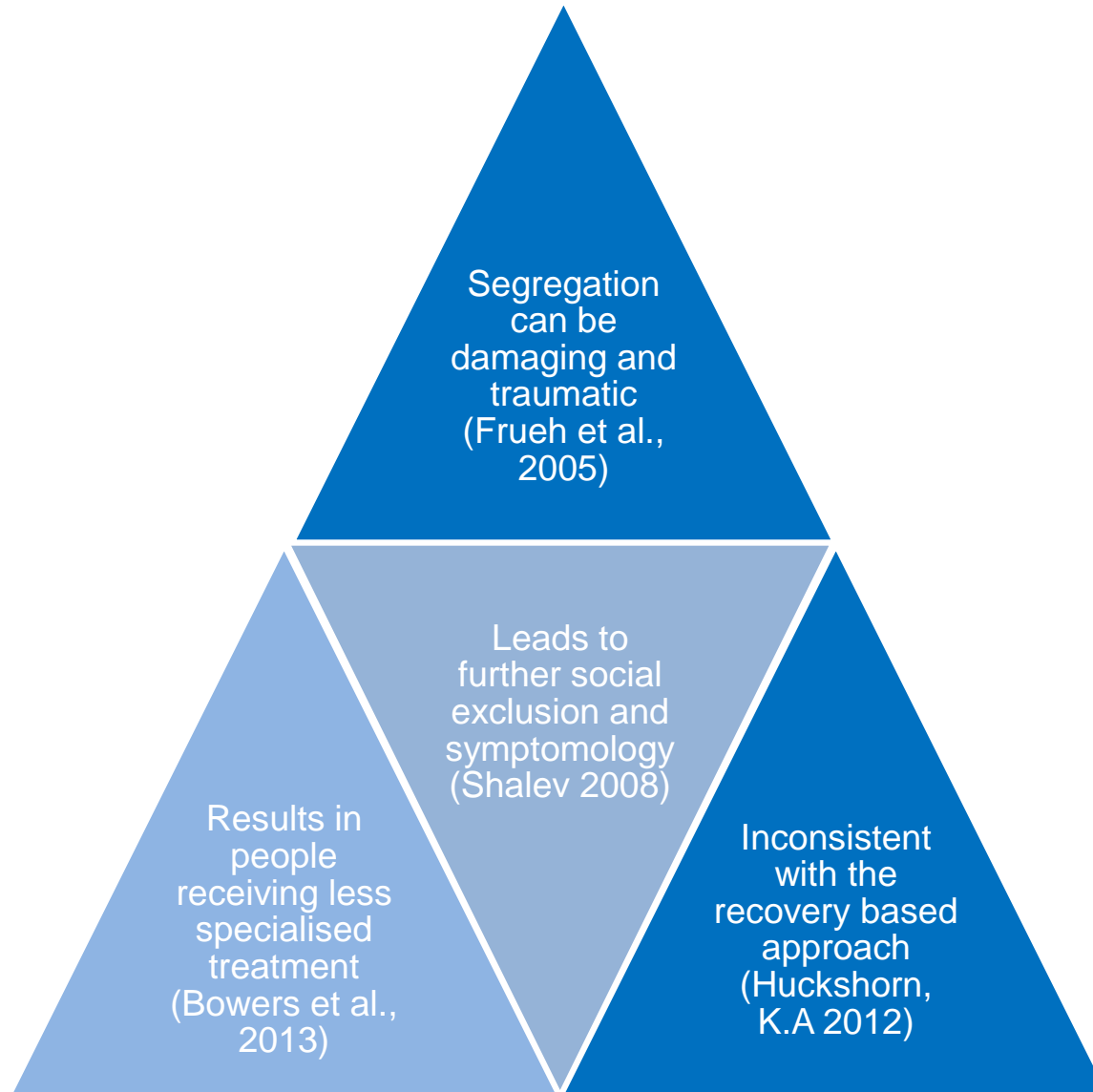
## Definition of Long-term Segregation Code of Practice (2015):

Long-term segregation refers to a situation where, in order to reduce a **sustained risk** of harm posed by the patient to others, which is a **constant feature** of their presentation, a multi-disciplinary review and a representative from the responsible commissioning authority determines that a patient **should not be allowed to mix freely** with other patients on the ward or unit on a long-term basis.

In such cases, it should have been determined that the risk of harm to others would **not be ameliorated by a short period of seclusion** combined with any other form of treatment.

The clinical judgement is that, if the patient were allowed to mix freely in the general ward environment, other patients or staff would continue to be exposed to a high likelihood of **serious injury or harm** over a **prolonged** period of time.

# Impact of segregation



# Service user & staff experience



**Mersey Care**

NHS Foundation Trust

Community and Mental Health Services

<https://wetransfer.com/downloads/55b9f89ddfa9250cb29588fde942538a20190401081011/2a5584dc73fb2baa3ed0e04ec62ebca120190401081011/f104fd>

## Exercise 1

As a group discuss what factors contribute to service users remaining in long term segregation in your service?

# Progress interfering domains

## Barriers to Change Checklist (BCC)

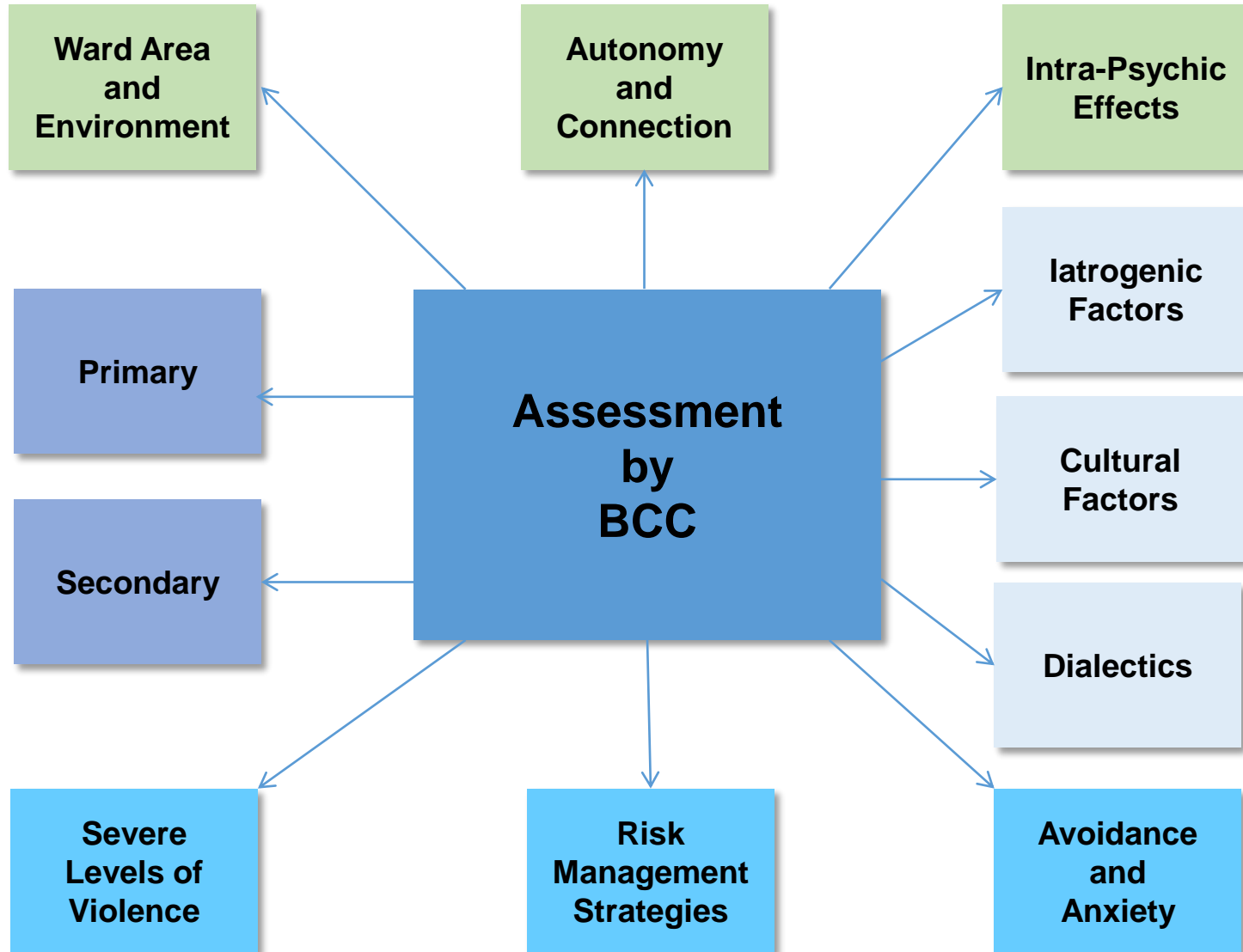
Several factors have been identified

- Four domains contributing to segregation:
  - Risk
  - Environment
  - System
  - Individual factors.
- BCC provides a framework to target resources and therapeutic intervention.





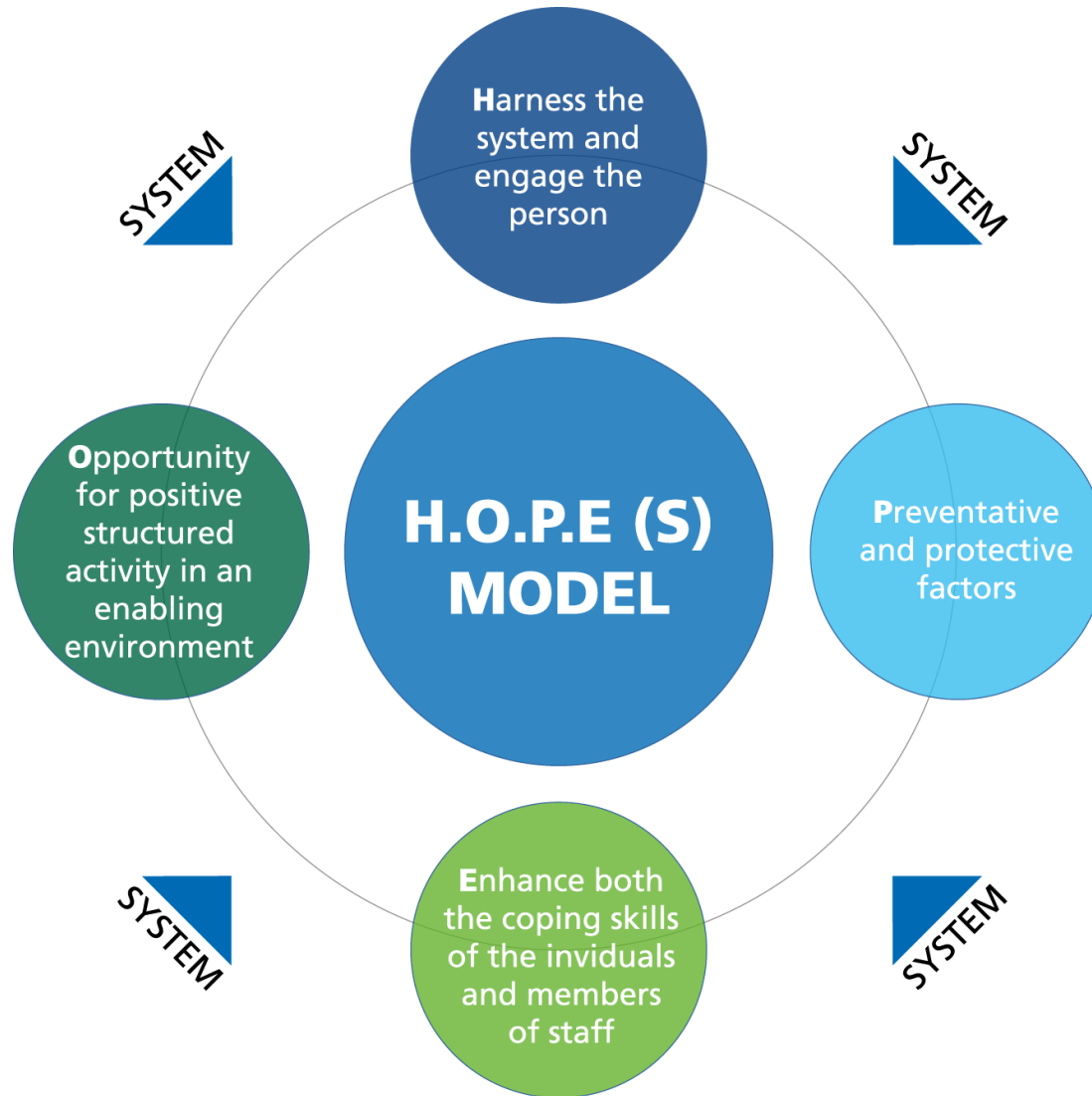
# Progress Interfering Domains



# Progress enhancing strategies



# H.O.P.E(S) Model



## Exercise 2

### Case study A

# Questions?



## Further information:

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