

Positive and safe events

Positive and safe is an established community of practice –its main aim is to support organisations and individual practitioners to reduce the use of unnecessary restrictive practices. Its membership mainly comes from health but is open to people from all sectors.

The Restraint Reduction Network (RRN) have been given a small amount of funding from the Department of Health to support the facilitation of Positive and Safe community events.

The Positive and Safe network has 8 events per year with 2 events per quarter (December, March, June September), one in the north and one in the south of England. These events can accommodate up to a maximum of 70 attendees.

There is a small steering group that support these events (Salli Midgely, NHSE; Jennifer Kilcoyne, Merseycare; Sarah Leitch, RRN; Guy Cross, CQC; and Emily Robinson, Bild).

NHS Trusts volunteer to host an event and choose a theme. There is a commitment to ensuring people with lived experience can directly contribute to events.

How the RRN can help facilitate an event:

- Providing support though through the steering group to help develop a programme and book presenters. Usually this is done through conference calls and email
- Providing promotional material to circulate through networks, as well as promoting the events through the RRN
- Managing the booking system
- A contribution to funding the refreshments and lunches (TBC)
- Booking and funding travel expenses for people with lived experience to contribute to the event
- Provide some support at the event on the day

What the trusts need to do:

- Volunteer, agree a date and develop a theme. It's usually the same theme for north and south events
- Suggest some ideas for the programme, including some local case studies
- Provide a venue and ensure the right equipment is available
- Provide a quote for refreshments from a local supplier
- Provide a chair for the event and some support on the day with registration etc.