

## Sample written rationale for a restrictive intervention

---

This is an example of a written rationale – any rationale should contain as a minimum the information in the document below. Training providers and commissioning organisations may have their own format for this

The written rationale for teaching the restrictive intervention should be completed by the named person in the training provider organisation after all the personalised wellbeing risk assessment information has been gathered and the personalised wellbeing risk assessment has been completed.

The written rationale for the use of each restrictive intervention should be authorised by both the named person in the commissioning organisation and the named person in the training provider organisation.

Author:

Date:

Name and description of restrictive intervention (*please attach photos*)

Rationale for use (why and in what situation)

How the intervention will be taught to staff and how competence will be tested

General safety issues for staff during teaching and practice

Person specific safety issues for staff during teaching and practice

Any fragility issues that may compromise the fidelity of the technique between the taught version in the classroom and its application in practice. This should include a description of any identified fragility issues that may compromise both safety and effectiveness

General safety issues for consideration when the intervention is used

Person specific safety issues for consideration when the intervention is used

General and specific support needed afterwards for the person (to include medical checks and emotional support)