

Risk assessment tool to support training ratios

Guidance for using the tool

This tool can be used as an aid for training providers who are certifying against the Restraint Reduction Network Training Standards and want to provide evidence of how they have made decisions about training ratios. To use this tool each physical technique must be separately risk assessed. This is in addition to the Training Needs Analysis.

This risk assessment could be used in conjunction with [Standard 1.6.5](#)

This tool isn't mandatory and does not replace the detailed risk assessment that is needed for each restrictive intervention that covers a whole range of risk factors and has to be independently reviewed.

This tool is intended to ensure there is enough trainer capacity to teach complex skills and assess competence so the interventions can be transferred safely to real life. Each single criteria must be rated either definitely not, very unlikely, possibly, likely, or almost certainly. No criteria can be skipped – if not applicable it should be rated definitely not.

The number of greens, ambers and reds should then be totalled. It's likely that there will be supporting documentation and information provided by different experts to support the ratings for different criteria and dimensions.

The supporting documents should be made available to the external reviewer and may also be scrutinised by the Bild Association of Certified Training assessor.

There is a summary sheet at the end that can be used to provide the justification for trainer-participant ratios.

Training organisation:

Technique being assessed:

	Definitely not	Very unlikely	Possibly	Likely	Almost certainly
Dimension: safety					
Risk of injury to staff if simulated role play is used					
Risk of injury to staff on a training course (no resistance)					
Risk of injury to staff when used in the workplace (with resistance)					
Risk of injury to the person being restrained (with resistance)					
Resistance may result in the person experiencing pain					
This technique uses a locking movement					
Techniques may cause pressure on throat, chest or abdomen and may restrict breathing			Not certifiable		

Safety total green: /7 **Safety total amber:** /7 **Safety total red:** /7

	Definitely not	Very unlikely	Possibly	Likely	Almost certainly
Dimension trainability: The intervention requires:					
A high level of skill to apply (physical coordination or hand eye level coordination and consistency)					
A high level of fitness					
A high level of practice to maintain competence					
Is part of another intervention eg seclusion, rapid tranquilisation					
Learning more than a few steps					
Coordinating with one or more other person					

Trainability total green: /6 **Trainability total amber:** /6 **Trainability total red:** /6

Training organisation:

Technique being assessed:

	Definitely not	Very unlikely	Possibly	Likely	Almost certainly
Dimension: Client risk factors					
Any of these factors would increase the risk: for example medical obesity, anorexia, a physical disability, tactile defensiveness, ataxia, visual impairment, breathing problems, fragile bones					
Its use could result in psychological harm or be re-traumatising					
The technique is fragile (small change can have significant impact on safety/effectiveness etc)					
It compromises the dignity of the person					
It compromises the principles of good moving and handling practice					

Client risk factors total green: <input type="text"/> /5	Client risk factors total amber: <input type="text"/> /5	Client risk factors total red: <input type="text"/> /5
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Summary of risk assessment

Organisation:

Name of technique:

Population technique is designed to be used with:

Date of final risk assessment: Review date:

Name and contact details of external reviewer:

Dimension	Safety	Trainability	Client risk factors	Totals
Green	<input type="text"/> /7	<input type="text"/> /6	<input type="text"/> /5	<input type="text"/> /18
Amber	<input type="text"/> /7	<input type="text"/> /6	<input type="text"/> /5	<input type="text"/> /18
Red	<input type="text"/> /7	<input type="text"/> /6	<input type="text"/> /5	<input type="text"/> /18

Proposed maximum training ratio based on risk dimensions (*please select one*)

- 1 trainer :12 participants all green (18/18)
- 2 trainers :18 participants any amber
- 2 trainers :12 participants any red
- Other (*please specify with reason*)

Additional notes from external reviewer: