

# Restraint Reduction Network Board of Trustees Role Description

### About the RRN

The Restraint Reduction Network (RRN) is a registered charity, run by a Board of Trustees.

The RRN is a network of committed individuals and organisations leading a movement to prevent and eliminate the unnecessary and inappropriate use of restrictive practices across education, health and social care.

## Supporting principles

As a trustee you are responsible for directing the charity's affairs, ensuring it is financially viable, well-run, and delivering its plans.

The Trustees work in partnership with the Chief Executive and directors to ensure that the charity has a clear vision, mission, set of values and strategy, and that there is a common understanding of these by trustees, staff and members.

Trustees are expected to adhere to the Principles of Public Life, set out below.

- Selflessness: You must act solely in terms of the public interest.
- **Integrity**: You must not act or take decisions in order to gain financial or other material benefits for themselves, their family, or their friends. You must declare any interests and relationships.
- **Objectivity:** You must be fair, using the best evidence and without discrimination or bias.
- Accountability: You must be accountable to the public for your decisions and actions
- **Openness:** You must act and take decisions in an open manner. Information should not be withheld from the public.
- Honesty: You must be truthful.

#### **Duties**

- To ensure that the organisation is performing in a legal way
- To ensure that the organisation doesn't stray from its aims
- To ensure the organisation does not spend money on activities which are not included in its own aims
- To be an active board of trustees
- To safeguard the good name and values of the organisation
- To ensure the organisation is financially stable
- To protect and manage the property of the charity and to ensure the proper investment of the charity's funds
- To appoint and support the chief executive officer

# This involves finding the balance of

- Being cohesive and providing support and challenge to executive
- Understanding what the charities does but not getting too involved



- Declaring and managing any potential conflict of interest
- In addition, it involves
- Working collaboratively with executive to develop the strategy
- Upholding the charities values

## Other Trustee responsibilities

Each trustee should use any specific skills, knowledge or experience they have to help the Board of Trustees reach sound decisions and ensure the organisation fulfils its objects. This will involve:

- Attending Board and other RRN meetings as appropriate
- Reading board papers and other communications
- Challenging each other in a supportive way
- Leading discussion and providing guidance
- Abiding by the charities policies and procedures
- Participating in activities to promote RRN
- Contributing on other issues or areas of special expertise

# Person Specification

- Demonstrate a clear commitment to the aims and values of RRN (essential)
- Possess an understanding of restraint (essential)
- Ability to provide the level of commitment required for this role (essential)
- Ability to work as a team (essential)
- Experience of governance (desirable)

#### Time commitment

- Quarterly virtual Trustees meetings
- AGM
- Annual 1:1's with chair as agreed
- Specific project involvement as and when required by agreement