

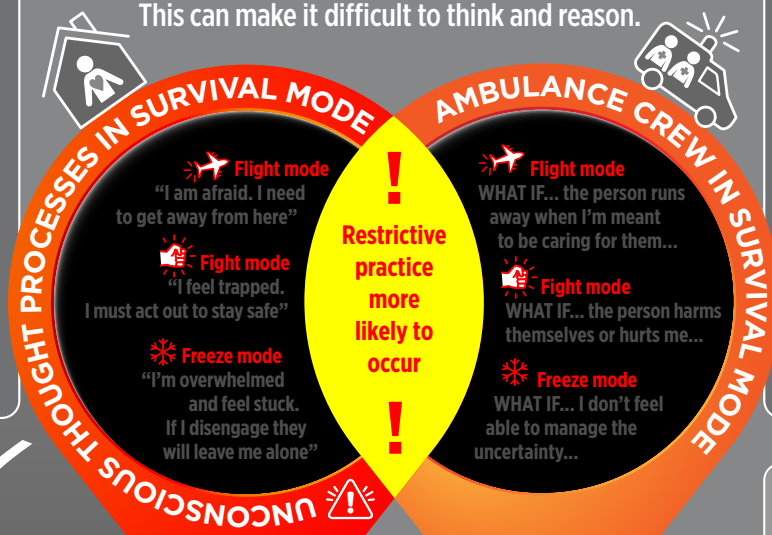
Involuntary transport: Least restrictive culture

Person being transported

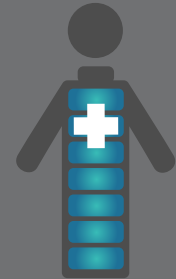


I am being moved
to an unfamiliar place
against my will

Managing stress can feel unpredictable.
Unpredictability can activate our fight, flight
or freeze response.
This can make it difficult to think and reason.



Staff/ambulance crew



I must move this person
to somewhere they
wouldn't choose to go

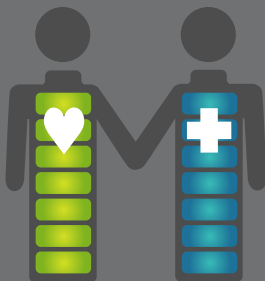
THE ROAD TO LEAST RESTRICTIVE PRACTICE

- Compassionate leadership
- Choosing crew with the right value base
- Collect data on restrictive practice and the person's satisfaction
- Workforce development, including supervision
- Post conveyance (debriefing) support and learning

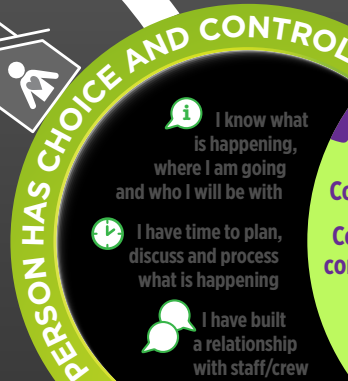


Created by
Dr Laura Lovatt
Edited by Alexis Quinn
on behalf of the
Restraint Reduction
Network

Power is not a finite resource



Everyone feels they have
control, a sense of mastery
and inner strength



Safety is created through building trusting
relationships, not through control and restraint